

Protocol Title:
Home-delivered Meals for Persons With Dementia: Which
Model Delays Nursing Home Placement?

NCT04850781

Document Date:
8/18/2021



BROWN UNIVERSITY
PARTICIPANT CONSENT FOR RESEARCH PARTICIPATION

Home-delivered meals for persons with dementia:
Which model delays nursing home placement?

Version 2, August 18, 2021

KEY INFORMATION:

You are invited to take part in a Brown University study. Your participation is voluntary.

- **PURPOSE:** The study is about people’s experiences receiving home-delivered meals.
- **PROCEDURES:** You will be asked to participate in a telephone interview about your experiences receiving meals delivered to your home.
- **TIME INVOLVED:** The study will take about 30 minutes of your time.
- **COMPENSATION:** You will receive a \$50 pharmacy (for example, CVS or Walgreens) giftcard for your time.
- **RISKS:** We will ask you questions about your experience receiving home-delivered meals. Some of these questions may make you feel uncomfortable, or bring up unpleasant feelings or memories.
- **BENEFITS:** While you may not directly benefit from being in this study, your experiences will help us better understand older adults’ experiences receiving home- delivered meals.

1. Researcher(s):

Kali Thomas, Principal Investigator; kali_thomas@brown.edu

2. What is this study about?

The purpose of the study is to understand the experiences of people receiving home-delivered meals. We also want to understand what helps people who receive home-delivered meals stay living in the community.

You are being asked to be in this study because you receive meals delivered to your home.

3. What will I be asked to do?

You are being asked to participate in a telephone interview about your experiences receiving meals delivered to your home. You will be asked questions like: “What is it like to get meal deliveries?” “When you don’t receive meals, how do you get your food?” “In general, how do you feel getting meals delivered to your home?”

The interview also includes a brief memory exercise. We will be recording our conversation during the interview. We will use a notebook for notes and a digital recorder. Your participation in this study should take about 30 minutes.

4. Will I be paid?

A \$50 pharmacy (for example, CVS or Walgreens) giftcard will be mailed to your home within one week of completing the interview.

5. What are the risks?

We will ask you questions about your experience receiving home-delivered meals. Some of these questions may make you feel uncomfortable, or bring up unpleasant feelings or memories. If there are any questions that you are uncomfortable answering, you do not need to answer them. You are free to stop the interview and recording at any time.

6. What are the benefits?

While you may not directly benefit from being in this study, your participation will help us better understand older adults' experiences receiving home-delivered meals.

7. How will my information be protected?

Any information we collect that can be used to identify you will be carefully protected. Our research staff are trained in protecting confidential information, and we have security measures in place to ensure the integrity and confidentiality of all data.

All data we collect (such as recordings or notes we take) will be stored in a locked filing cabinet in the researcher's locked office. All electronic files we create using the data will be secured with passcodes for protection.

We will be recording our conversation during the interview. We will use a notebook for notes and a digital recorder. We will keep this information confidential. Only researchers working on this study will have access to the data. We will destroy the recording after the study is over.

Brown University staff sometimes review studies like this one to make sure they are being done safely and correctly. If a review of this study takes place, your records may be examined. The reviewers will protect your confidentiality.

Certification of Confidentiality: To help us protect your privacy, we have obtained a Certificate of Confidentiality from the National Institutes of Health. The researchers can use this Certificate to legally refuse to disclose information that may identify you in any federal, state, or local civil, criminal, administrative, legislative, or other proceedings, for example, if there is a court subpoena. The researchers will use the Certificate to resist any demands for information that would identify you, except as explained below.



The Certificate cannot be used to resist a demand for information from personnel of the United States federal or state government agency sponsoring the project and that will be used for auditing or program evaluation of agency funded projects or for information that must be disclosed in order to meet the requirements of the federal Food and Drug Administration (FDA). You should understand that a Certificate of Confidentiality does not prevent you or a member of your family from voluntarily releasing information about yourself or your involvement in this research. If an insurer, medical care provider, or other person obtains your written consent to receive research information, then the researchers will not use the Certificate to withhold that information.

The Certificate of Confidentiality will not be used to prevent disclosure to state or local authorities of such as child abuse and neglect, or harm to self or others.

8. What if I want to stop?

You do not have to be in this study if you do not want to be. Even if you decide to be interviewed, you can change your mind and stop at any time.

If you refuse to participate or leave the study, your current or future relationship with Brown University and your meals program will not be affected.

9. Who can I talk to if I have questions about this study?

If you have any questions about your participation in this study, you can call Dr. Katie McAuliff, Project Coordinator, at (401) 863-3456 or by email at katie_mcauliff@brown.edu or Dr. Kali Thomas, Principal Investigator, (401) 863-9036 or kali_thomas@brown.edu.

10. Who can I talk to if I have questions about my rights as a participant?

If you have questions about your rights as a research participant, you can contact Brown University's Human Research Protection Program at 401-863-3050 or email them at IRB@Brown.edu.